



Fine Food Distributors

PO Box 402283
Miami, FL 33147
(305) 768-9055
www.royalfoodfl.com

Product Catalog

Spices/Herbs

	Code	Brand	Description	Case Size	Unit Size
	PGD4001	Pereg	Allspice Ground	12	4.2oz
	PGD4002	Pereg	Black Pepper Butcher Style	12	4.2oz
	PGD4003	Pereg	Black Pepper Ground	12	4.2oz
	PGD4004	Pereg	Ground Cinnamon	12	3.8oz
	PGD4005	Pereg	Ground Cumin Seeds	12	4.2oz
	PGD4006	Pereg	Garlic Crystal (Granulated)	12	5.3oz
	PGD4007	Pereg	Garlic Powder	12	4.2oz
	PGD4008	Pereg	Fenugreek Seeds-Hilba	12	6.4oz
	PGD4009	Pereg	Hot Red Paprika	12	5.3oz
	PGD4010	Pereg	Hot Paprika With Oil	12	5.3oz
	PGD4011	Pereg	White Sesame Seeds	12	5.3oz



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	Code	Brand	Description	Case Size	Unit Size
	PGD4012	Pereg	Sumac	12	4.2oz
	PGD4013	Pereg	Sweet Ground Paprika	12	5.3oz
	PGD4014	Pereg	Sweet Paprika With Oil	12	5.3oz
	PGD4015	Pereg	Ground Turmeric	12	5.3oz
	PGD4016	Pereg	Ground White Pepper	12	4.2oz
	PGD4017	Pereg	Mixed Spices For Bbq	12	4.2oz
	PGD4019	Pereg	Mixed Spices For Grill Chicken	12	4.2oz
	PGD4020	Pereg	Mixed Spices For Shawarma	12	4.2oz
	PGD4021	Pereg	Mixed Spices For Meat Ball	12	5.3oz
	PGD4022	Pereg	Mixed Spices For Falafel	12	4.2oz
	PGD4023	Pereg	Mixed Spices For Kebab	12	5.3oz
	PGD4024	Pereg	Mixed Spices For Koobeh	12	5.3oz



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	Code	Brand	Description	Case Size	Unit Size
	PGD4025	Pereg	Mixed Spices For Soup-Hawije	12	4.2oz
	PGD4026	Pereg	Indian Mixed Spices Curry	12	3.5oz
	PGD4027	Pereg	Zahtar Seasoning	12	5.3oz
	PGD4028	Pereg	Lemon Peper Mix	12	4.2oz
	PGD4029	Pereg	Sour Salt	12	7oz
	PGD4037	Pereg	Basil	12	1.75oz
	PGD4038	Pereg	Bay Leaves	12	0.7oz
	PGD4039	Pereg	Black Pepper Powder	12	4.2oz
	PGD4040	Pereg	Black Pepper Whole	12	4.2oz
	PGD4041	Pereg	Chilli Pepper Whole	12	0.7oz
	PGD4042	Pereg	Cinnamon Sticks	12	2.8oz
	PGD4043	Pereg	Coarse Sea Salt	12	10.6oz



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Code	Brand	Description	Case Size	Unit Size
 PGD4044	Pereg	Coriander Leaves (Cilantro)	12	0.7oz
 PGD4045	Pereg	Dill Leaves	12	1.4oz
PGD4046	Pereg	Fine Sea Salt	12	10.6oz
PGD4047	Pereg	Fish & Sea (Seafood)	12	4.2oz
 PGD4048	Pereg	Ginger Ground	12	3.5oz
 PGD4049	Pereg	Mexican Chili Pepper	12	2.8oz
 PGD4050	Pereg	Mint Leaves	12	1.4oz
 PGD4051	Pereg	Onion Ground	12	4.2oz
 PGD4052	Pereg	Onion Sliced	12	3.5oz
 PGD4053	Pereg	Oregano	12	1.4oz
 PGD4054	Pereg	Parsley	12	0.7oz
 PGD4055	Pereg	Rosemary	12	1.75oz



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	Code	Brand	Description	Case Size	Unit Size
	PGD4056	Pereg	Thyme	12	1.4oz
	PGD4067	Pereg	Caraway Seeds Ground	12	4.2oz
	PGD4068	Pereg	Cardamon Seeds Ground	12	3.5oz
	PGD4069	Pereg	Cayenne Pepper	12	4.2oz
	PGD4070	Pereg	Cloves Ground	12	4.2oz
	PGD4071	Pereg	Cloves Whole	12	2.8oz
	PGD4072	Pereg	Coriander Seed Ground	12	4.2oz
	PGD4073	Pereg	Garlic Sliced	12	2.8oz
	PGD4074	Pereg	Garlic Minced	12	2.8oz
	PGD4075	Pereg	Nutmeg Ground	12	2.8oz
	PGD4076	Pereg	Onion Minced	12	3.5oz
	PGD4077	Pereg	Paprika Smoked-Red	12	5.3oz



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	Code	Brand	Description	Case Size	Unit Size
	PGD4079	Pereg	Pistachio Mix	12	8oz
	PGD4080	Pereg	Cajun Spice Mix	12	5.3oz
	PGD4081	Pereg	Matan Masala For Meat	12	4.2oz
	PGD4082	Pereg	Mixed Spices For Coffee	12	4.2oz
	PGD4083	Pereg	Spices For Jerusalem	12	4.2oz
	PGD4084	Pereg	Herb De Provence	12	1.4oz
	PGD4085	Pereg	Luisa Leaves	6	0.5oz
	PGD4086	Pereg	Sage	12	0.7oz
	PGD4106	Pereg	Soup Greens	12	3.5oz
	PGD4122	Pereg	Ras El Hanut		
	PGD4150	Pereg	Sriracha Seasoning	12	3.2oz
	PGD4151	Pereg	Harrisa Spice	12	3.2oz



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	Code	Brand	Description	Case Size	Unit Size
	PGD4152	Pereg	Hamburger Spice	12	5.3oz
	PGD4153	Pereg	Chinese 5 Spice	12	3.2oz
	PGD4154	Pereg	Chipotle Seasoning	12	4.2oz
	PGD4155	Pereg	Pumpin Spice	12	3.2oz

Coating Crumbs

	Code	Brand	Description	Case Size	Unit Size
	PGD4030	Pereg	Seasoned Bread Crumbs American	12	12oz
	PGD4031	Pereg	Seasoned Bread Crumbs Classic	12	12oz
	PGD4032	Pereg	Seasoned Bread Crumbs Mexican	12	12oz
	PGD4033	Pereg	Seasoned Bread Crumbs Viennese	12	12oz
	PGD4034	Pereg	Coarse Panko Bread Crumbs	12	9oz
	PGD4035	Pereg	Italian Panko Bread Crumbs	12	9oz



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Code	Brand	Description	Case Size	Unit Size
 PGD4036	Pereg	Spicy Panko Bread Crumbs	12	9oz
 PGD4090	Pereg	Panko Fine Bread crumbs	12	9oz
 PGD4156	Pereg	Panko Thai Bread crumbs	12	9oz

Legumes/Grains

Code	Brand	Description	Case Size	Unit Size
 PGD4059	Pereg	Quinoa Wholegrain Canister	6	12oz
 PGD4060	Pereg	Basmati Rice Bag	6	1Lb
 PGD4061	Pereg	Quinoa - White	6	1Lb
 PGD4062	Pereg	Quinoa - Red	6	1Lb
 PGD4063	Pereg	Quinoa Tri-Color	6	1Lb
 PGD4091	Pereg	Farro Italian	6	1Lb
 PGD4092	Pereg	Wheat Berries	6	1Lb



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Code	Brand	Description	Case Size	Unit Size
 PGD4093	Pereg	Chickpeas	6	1Lb
 PGD4094	Pereg	Bulgur	6	1Lb
 PGD4095	Pereg	Soup Mix	6	1Lb
 PGD4096	Pereg	Black Beans	6	1Lb
 PGD4097	Pereg	French Lentils	6	1Lb
 PGD4098	Pereg	Texas Chili Bean Mix	6	1Lb
 PGD4099	Pereg	Green Lentils	6	1Lb
 PGD4100	Pereg	Orange Lentils	6	1Lb
 PGD4101	Pereg	Autumn Lentil Blend	6	1Lb
 PGD4102	Pereg	Yellow Split Peas	6	1Lb
 PGD4103	Pereg	Red Kidney	6	1Lb
 PGD4104	Pereg	White Beans	6	1Lb



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Code	Brand	Description	Case Size	Unit Size
 PGD4105	Pereg	Green Split Peas	6	1Lb
 PGD4107	Pereg	Quinoa Red In Canister	6	12oz
 PGD4128	Pereg	Kamut- Khorasan Wheat	6	1Lb
 PGD4129	Pereg	Rice For Sushi	6	1Lb
 PGD4130	Pereg	Freekeh -Craked & Roasted	6	1Lb
PGD4140	Pereg	Quinoa - White Zipper Bag	6	2Lb
PGD4141	Pereg	Quinoa Flakes Plain - Zipper Bag	6	14oz
PGD4142	Pereg	Kaniwa Plain - Zipper Bag	6	1Lb

Ingredients/Baking

Code	Brand	Description	Case Size	Unit Size
 PGD4064	Pereg	Quinoa Flour	6	14oz
 PGD4126	Pereg	Coconut Flour	6	1Lb



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Code	Brand	Description	Case Size	Unit Size
 PGD4127	Pereg	Almond Flour (Almond Meal)	6	12oz
PGD4143	Pereg	Banana Flour	6	1Lb

Pasta/Noodles

Code	Brand	Description	Case Size	Unit Size
 PGD4065	Pereg	Pearl Couscous	6	1Lb

Side Dish

Code	Brand	Description	Case Size	Unit Size
 PGD4066	Pereg	Couscous Traditional	6	1Lb
 PGD4088	Pereg	Quinoa Mushrooms	6	10.58oz
 PGD4089	Pereg	Quinoa Vegetables	6	10.58oz
 PGD4115	Pereg	Farro Traditional Italian	6	12oz

Salads and Dips - Refrigerated



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PGD4200	Pereg	Pereg Harisa	12	5.3oz
PGD4201	Pereg	Lemon Baladi (Pickled)	12	5.3oz
PGD4202	Pereg	Pilpel Shuma	12	5.3oz
PGD4203	Pereg	S'Chug	12	5.3oz